



WHAT IS DRAMA?

Drama is part of our everyday lives; it is another way of understanding life. It is a playwright's interpretation of the world, the way of looking at the way people behave and finding out why they behave the way they do.

It also gives us an understanding of society during each period in history. Men and women make up society. Actors entertain us on stage but we are also the "actors" in rituals and celebrations in our own society.

In drama, you will acquire the skill necessary to communicate an idea with confidence and conviction. This is a skill that will serve you well in their youth and adult lives, in business and socially.

DRAMA VOCAL DEVELOPMENT CONCEPTS

Revision

Write the definitions of these terms in your **Workbooks**

- Relaxation
- Posture
- Breathing
- Articulation
- Pitch
- Pause
- Projection
- Emphasis
- Tempo
- Tone

Why is it important to warm up and cool down?

Revision

Come up with as many reasons as possible as to why it is important to warm up and cool down before and after practical drama work. (In your **workbooks**)

Example of a warm-up routine

A warm-up routine should combine both vocal and physical exercises. Here is an example of a warm-up routine which you could use before a rehearsal or performance.

Physical exercises – Movements made to body parts in preparation for the main activity.

Choose one of the following mimes to do at normal speed. Then repeat the series of movements in slow motion, and then once more, but at double speed.

- ✓ Setting a table for two
- ✓ Making your bed
- ✓ Wrapping a present

Relaxation – a process of relaxing the body and mind

Start by standing in the neutral position. Pretend that two rocks are about to crush you from both sides. Use all your strength to push the rocks away from you and after a while stand in the neutral position once more. Repeat three times.

Posture – The position of the different body parts relative to one another

Stand in the neutral position. Lift your shoulders up towards your ears, hold them for a count of three and then let them drop heavily and come back to the neutral position. Do this five times.

