

# Life orientation : Grade 9

Term 1: Mr E. Leyds

WEEK 2

# INFORMED DECISION MAKING SKILLS

1. **DEFINE**- DESCRIBE THE PROBLEM ACCURATELY
2. **BRAINSTORM**- THINK OF AS MANY IDEAS AS POSSIBLE
3. **PREDICT**- TRY TO IMAGINE WHAT THE OUTCOME WILL BE
4. **RESEARCH**- LOOK FOR INFORMATION AND TRY TO GET IDEAS
5. **MAKE**- MAKE A DECISION
6. **EVALUATE** - TEST OR ANALYSE

# ASSERTIVENESS

- **ASSERTIVE**

- SAYING AND DOING THINGS THAT YOU WANT TO

- **COMPROMISE**

- MEETING OTHER PEOPLE HALFWAY TO COME TO AN AGREEMENT

# WHEN YOU ARE ASSERTIVE

1. DISAGREE WITH SOMEONE IN A RESPECTFUL MANNER
2. ARE ABLE TO SPEAK AND SHARE YOUR POINT OF VIEW
3. ARE ABLE TO REFUSE UNREASONABLE REQUESTS

Grade 9's please copy down the heading and each description mentioned above in your workbooks. Its found on Page 6 in your Life Orientation Textbooks.

# Reading Activity:

- 1) *Grade 9's please read through the extract on page 6 in your Life Orientation textbooks. ( Title:STAND UP FOR YOURSELF)*
- 2) *After reading the extract proceed to answer Activity: Assertion strategies on page 7 in your LO textbooks.*

